



Autumn Community Newsletter

Welcome to our Autumn newsletter, we're delighted to share our latest news, opportunities and events.

We're actively looking for new Trustees and a Deputy Chair to join our Board...

If you're passionate about making a difference and improving the wellbeing of older people in our community, we'd love to hear from you.

These roles are key to guiding our strategic direction and ensuring we continue delivering essential services. As a Board member, you'll be part of a dedicated team, meeting six times a year for two-hour sessions, with the option to attend virtually and in the evenings outside regular working hours.

To express your interest in becoming a Trustee or Deputy Chair at Age Concern Hampshire, please email: hr@ageconcernhampshire.org.uk
or apply online:

[Apply Online](#)

Growing Dementia Crisis Heightens Strain on Unpaid Carers

As the UK's population grows older, the number of people living with dementia is also rising, which in turn increases the number of unpaid family carers. It's currently estimated that one in three people will take on the role of a carer for someone with dementia at some point in their lives, with many finding themselves caring for multiple relatives affected by this difficult condition.

To address this growing need, our Care & Wellbeing Centres provide affordable day care specifically designed for those with dementia. These facilities offer much-needed respite for carers, giving them the opportunity to rest and attend to their own needs while ensuring that their loved ones receive quality care in a safe and supportive environment.

[Our Care & Wellbeing Centres...](#)



Corporate Supporters Needed...

As Hampshire's population continues to age, we're seeing a significant rise in demand for our essential services at Age Concern Hampshire. To meet this growing need, we're reaching out to local businesses, seeking partnerships that will help us strengthen our initiatives. With your support, we can continue providing crucial services that enhance the quality of life for older residents across Hampshire.

Corporate support can be flexible and tailored to suit your preferences. Whether it's financial contributions for specific projects, operational costs, equipment donations to boost our service delivery, or employee volunteers helping with wellbeing support, gardening, or maintenance tasks, your involvement can make a real difference.



Our Latest News...

Promoting Good Foot Health Across Hampshire

We remain dedicated to promoting excellent foot health at our Foot Care Clinics by offering essential toenail cutting services and comprehensive foot health checks, ensuring the wellbeing and mobility of Hampshire's ageing population. Good foot health is critical for maintaining independence and overall health in older adults. Neglected feet can lead to various health

issues, including infections, reduced mobility, and increased risk of falls. [Read the full story...](#)



Hants Healthcare Ltd Successfully Fundraise to Support Age Concern Hampshire

We were excited to receive a generous donation from Hants Healthcare Ltd Southampton branch, after a successful sponsored car wash event in Hythe. Organised by staff and volunteers at Hants Healthcare Ltd, the event raised crucial funds to support our mission. [Read the full story...](#)

Fundraise for us...

Please support us by holding an event on our behalf

Whether you are planning your own fundraising activity or taking part in an organised event to raise money for our services we are here to support you. We have tools to help you get the most out of your fundraising. We welcome all ideas for fundraising in aid of Age Concern Hampshire – we would love to hear from you about your ideas and happy to offer support to help you make the most of it.

Getting Started...

- Choose a theme - To help you get started, we've included a list of fundraising ideas and handy packs on our website (see link below)
- Planning your event - Set a date, choose your venue, and let the planning begin! Choose a location that suits your theme and expected attendance. Consider costs, accessibility, and facilities.

- Set up a Fundraising Page - Total Giving provide a FREE platform without charging fees - sign up now and start your fundraising for Age Concern Hampshire.

[View Ideas & Fundraising Packs](#)

Work for us...

Are you looking for a job that offers job satisfaction, where you can make a real difference in the lives of older people in your local community? Join our dedicated team of caring, friendly employees and volunteers...

Foot Health Practitioner

Hampshire-wide

We provide the clients and the venue and engage self-employed Foot Health Practitioners (FHPs) to provide a 6-weekly toenail cut and a basic foot health check for each client. If the foot health check identifies further treatment required, the practitioner will recommend medical or podiatry attention as appropriate.

Home Helpers

Multiple Vacancies | Basingstoke, Andover, Havant & Locks Heath

We are looking for compassionate and empathetic individuals across Hampshire, to support our Help at Home Service. We support older people who would like help doing jobs and daily chores which aim to improve their quality of life and keep them independent at home.



[View all our vacancies](#)

Volunteers Needed!

Our volunteers generously contribute their time and skills, making a remarkable difference for older people and supporting our essential services. We would be thrilled to have you join our team, and we currently have several volunteer opportunities where you can truly make an impact.

Social Group Volunteers

Multiple Vacancies | Basingstoke, Kingsclere, Overton & Whitchurch

We're seeking volunteers to assist older individuals in our social groups.

Volunteers play a crucial role in participating in activities, offering companionship, and ensuring everyone feels welcome.

Form-Filler Volunteers

Multiple Vacancies | Hampshire-wide

We're looking for more volunteers to assist vulnerable older people with form-filling tasks. As part of its ongoing commitment to enhancing the quality of life for older individuals, we recognise the importance of providing practical assistance to those facing challenges in navigating paperwork and online form-filling processes.



Trustees & Deputy Chair

Hybrid/Remote Role

We're actively looking for new Trustees and a Deputy Chair with diverse business skills to enhance our Board. Board meetings occur six times a year, with each meeting lasting two hours and offering the option to attend virtually.

For more information, please email us at
supporters@ageconcernhampshire.org.uk
or view our opportunities by clicking on the link below

[View Our Volunteer Opportunities](#)

Donations...

Please support us...

Your donation can make a significant difference in the lives of older individuals in our community. By supporting us, you help ensure our essential services continue to thrive. Every contribution counts and makes a lasting impact. Thank you for your generosity!

Make a regular or one off donation

Support us through Give as you Live

Simply sign up for an account and start raising when you shop through Give as you Live Online at any of the 6,000 retail partners. From your handy dashboard, just click on the retailer you want to buy from and you'll be directed to their website where you can continue to shop as normal. Your purchase will automatically generate a donation for Age Concern Hampshire!

Support us, It's FREE



How does it work?

[View a step-by-step guide](#)

Our mailing address is:
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Reg. Charity No. 290874

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